

LKL Starnberg 2003

Pöcking, den 11.10.2003

1	8 TSV Gilching								1	02:59:00
Rundenzeiten	00:15:51	00:26:08	00:13:14	00:16:21	00:24:32	00:12:12	00:15:12	00:26:21	00:13:21	00:15:45
Zwischenzeiten	00:15:51	00:41:59	00:55:13	01:11:35	01:36:07	01:48:20	02:03:32	02:29:53	02:43:15	02:59:00
2	30 TSV Feldafing								2	03:03:16
Rundenzeiten	00:17:03	00:24:06	00:13:36	00:16:53	00:27:05	00:14:06	00:15:32	00:25:10	00:13:37	00:16:04
Zwischenzeiten	00:17:03	00:41:10	00:54:46	01:11:40	01:38:45	01:52:51	02:08:24	02:33:34	02:47:11	03:03:16
3	1 SV Söcking Lauffreunde								3	03:06:22
Rundenzeiten	00:15:40	00:27:33	00:13:01	00:17:25	00:27:36	00:13:14	00:17:46	00:25:29	00:11:54	00:16:38
Zwischenzeiten	00:15:40	00:43:14	00:56:16	01:13:41	01:41:18	01:54:32	02:12:19	02:37:49	02:49:43	03:06:22
4	28 TV Planegg-Krailling								4	03:07:53
Rundenzeiten	00:15:50	00:26:55	00:13:43	00:17:45	00:26:30	00:15:23	00:16:07	00:25:33	00:13:36	00:16:27
Zwischenzeiten	00:15:50	00:42:45	00:56:29	01:14:15	01:40:45	01:56:09	02:12:16	02:37:49	02:51:26	03:07:53
5	11 TSV Erling								5	03:09:22
Rundenzeiten	00:17:13	00:27:12	00:13:32	00:16:47	00:25:50	00:15:22	00:16:38	00:27:47	00:13:06	00:15:50
Zwischenzeiten	00:17:13	00:44:25	00:57:57	01:14:45	01:40:35	01:55:58	02:12:37	02:40:25	02:53:32	03:09:22
6	15 Lauffreunde Hochstadt I								6	03:17:00
Rundenzeiten	00:16:43	00:29:25	00:14:57	00:17:30	00:25:28	00:13:41	00:19:26	00:28:35	00:12:56	00:18:15
Zwischenzeiten	00:16:43	00:46:08	01:01:06	01:18:37	01:44:05	01:57:46	02:17:13	02:45:48	02:58:45	03:17:00
7	34 TSV Tutzing								7	03:18:04
Rundenzeiten	00:17:08	00:32:19	00:13:47	00:15:09	00:30:04	00:14:01	00:15:49	00:27:59	00:13:04	00:18:41
Zwischenzeiten	00:17:08	00:49:27	01:03:14	01:18:23	01:48:27	02:02:29	02:18:19	02:46:19	02:59:23	03:18:04
8	33 LG Würm Athletik								8	03:18:35
Rundenzeiten	00:15:46	00:28:38	00:13:59	00:17:21	00:26:57	00:14:08	00:18:29	00:32:13	00:14:24	00:16:37
Zwischenzeiten	00:15:46	00:44:24	00:58:24	01:15:45	01:42:42	01:56:51	02:15:20	02:47:33	03:01:57	03:18:35
9	27 SV Inning								9	03:19:28
Rundenzeiten	00:17:02	00:29:23	00:15:00	00:18:41	00:31:24	00:15:49	00:17:52	00:23:33	00:14:03	00:16:37
Zwischenzeiten	00:17:02	00:46:25	01:01:25	01:20:07	01:51:31	02:07:21	02:25:14	02:48:47	03:02:51	03:19:28
10	5 SC Wörthsee I								10	03:23:15
Rundenzeiten	00:17:08	00:29:25	00:14:05	00:18:15	00:29:57	00:15:14	00:17:12	00:29:31	00:14:01	00:18:22
Zwischenzeiten	00:17:08	00:46:34	01:00:39	01:18:55	01:48:52	02:04:06	02:21:19	02:50:51	03:04:53	03:23:15
11	10 TSV Gauting "Berghexen"								11	03:25:38
Rundenzeiten	00:17:32	00:31:16	00:14:38	00:18:50	00:29:03	00:14:14	00:18:09	00:29:30	00:14:02	00:18:19
Zwischenzeiten	00:17:32	00:48:49	01:03:27	01:22:18	01:51:22	02:05:36	02:23:46	02:53:16	03:07:18	03:25:38
12	19 TSV Perchting Hadorf Aerobic								12	03:28:09
Rundenzeiten	00:18:18	00:32:20	00:14:27	00:19:26	00:31:06	00:15:24	00:16:49	00:28:55	00:14:04	00:17:15
Zwischenzeiten	00:18:18	00:50:39	01:05:07	01:24:33	01:55:40	02:11:05	02:27:54	02:56:49	03:10:53	03:28:09
13	32 LC Buchendorf								13	03:28:41
Rundenzeiten	00:17:24	00:30:40	00:17:30	00:18:01	00:27:48	00:14:46	00:19:50	00:29:46	00:16:06	00:16:46
Zwischenzeiten	00:17:24	00:48:05	01:05:35	01:23:36	01:51:25	02:06:12	02:26:02	02:55:48	03:11:55	03:28:41
14	38 BIKE IT								14	03:28:47
Rundenzeiten	00:17:58	00:27:31	00:14:56	00:18:40	00:27:52	00:14:31	00:22:41	00:30:54	00:15:18	00:18:20
Zwischenzeiten	00:17:58	00:45:30	01:00:27	01:19:07	01:47:00	02:01:32	02:24:14	02:55:08	03:10:26	03:28:47
15	29 SC Pöcking-Possenhofen RF 20								15	03:29:33
Rundenzeiten	00:17:29	00:30:56	00:16:32	00:18:08	00:28:17	00:15:04	00:20:16	00:30:00	00:14:47	00:18:00
Zwischenzeiten	00:17:29	00:48:26	01:04:58	01:23:07	01:51:24	02:06:28	02:26:45	02:56:46	03:11:33	03:29:33
16	13 Guichinger Wald- und Wiesenläuferinnen								16	03:30:21
Rundenzeiten	00:17:34	00:30:11	00:16:12	00:19:37	00:28:04	00:15:15	00:21:33	00:28:17	00:14:50	00:18:43
Zwischenzeiten	00:17:34	00:47:46	01:03:58	01:23:36	01:51:40	02:06:55	02:28:29	02:56:47	03:11:38	03:30:21
17	40 TSV Hechendorf I								17	03:33:53
Rundenzeiten	00:18:18	00:31:21	00:13:38	00:18:23	00:29:54	00:15:04	00:20:35	00:33:17	00:14:36	00:18:43
Zwischenzeiten	00:18:18	00:49:40	01:03:18	01:21:41	01:51:36	02:06:41	02:27:16	03:00:33	03:15:10	03:33:53
18	36 SC Tutzing Rennschnecke hü								18	03:37:11
Rundenzeiten	00:16:19	00:31:49	00:13:45	00:21:03	00:29:45	00:15:19	00:19:36	00:34:20	00:16:29	00:18:42
Zwischenzeiten	00:16:19	00:48:09	01:01:55	01:22:58	01:52:44	02:08:03	02:27:39	03:01:59	03:18:29	03:37:11
19	16 Lauffreunde Hochstadt II								19	03:38:14
Rundenzeiten	00:18:21	00:30:14	00:14:27	00:19:51	00:31:41	00:15:50	00:20:36	00:31:17	00:14:59	00:20:55
Zwischenzeiten	00:18:21	00:48:35	01:03:02	01:22:53	01:54:35	02:10:25	02:31:02	03:02:20	03:17:19	03:38:14
20	22 Sportstudio Herrsching								20	03:38:40
Rundenzeiten	00:21:31	00:31:35	00:17:34	00:21:44	00:30:06	00:15:15	00:15:26	00:30:47	00:17:37	00:17:00
Zwischenzeiten	00:21:31	00:53:07	01:10:41	01:32:25	02:02:32	02:17:47	02:33:14	03:04:01	03:21:39	03:38:40
21	12 LG alpetour								21	03:39:18
Rundenzeiten	00:18:09	00:30:11	00:19:37	00:22:07	00:29:23	00:15:05	00:19:54	00:26:23	00:18:13	00:20:09
Zwischenzeiten	00:18:09	00:48:21	01:07:59	01:30:06	01:59:30	02:14:36	02:34:31	03:00:54	03:19:08	03:39:18
22	31 FIT - Fit im Team								22	03:40:47
Rundenzeiten	00:19:22	00:34:29	00:15:27	00:20:07	00:26:18	00:17:17	00:20:27	00:28:05	00:16:55	00:22:15
Zwischenzeiten	00:19:22	00:53:51	01:09:19	01:29:26	01:55:45	02:13:03	02:33:30	03:01:36	03:18:31	03:40:47

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23	3 DAV Vierseenland								23	03:40:48
Rundenzeiten	00:19:15	00:29:44	00:15:14	00:18:54	00:35:07	00:16:05	00:24:22	00:27:38	00:15:50	00:18:34
Zwischenzeiten	00:19:15	00:49:00	01:04:15	01:23:09	01:58:16	02:14:22	02:38:45	03:06:23	03:22:14	03:40:48
24	26 Staatl. Berufl. Zentrum								24	03:42:55
Rundenzeiten	00:17:14	00:25:42	00:16:56	00:22:17	00:29:29	00:19:43	00:21:14	00:33:51	00:17:19	00:19:06
Zwischenzeiten	00:17:14	00:42:56	00:59:52	01:22:10	01:51:39	02:11:22	02:32:37	03:06:28	03:23:48	03:42:55
25	2 SV Söcking								25	03:45:06
Rundenzeiten	00:19:11	00:32:36	00:16:15	00:20:54	00:35:23	00:15:17	00:18:34	00:31:20	00:15:32	00:20:00
Zwischenzeiten	00:19:11	00:51:47	01:08:02	01:28:57	02:04:21	02:19:38	02:38:12	03:09:33	03:25:06	03:45:06
26	35 Fernmeldeschule des Heeres								26	03:47:08
Rundenzeiten	00:17:38	00:34:34	00:15:14	00:20:08	00:31:13	00:17:16	00:22:18	00:31:44	00:16:09	00:20:50
Zwischenzeiten	00:17:38	00:52:12	01:07:27	01:27:35	01:58:49	02:16:05	02:38:24	03:10:08	03:26:18	03:47:08
27	41 TSV Hechendorf II								27	03:49:05
Rundenzeiten	00:19:00	00:37:30	00:16:10	00:20:07	00:30:35	00:15:04	00:20:47	00:34:20	00:16:13	00:19:15
Zwischenzeiten	00:19:00	00:56:31	01:12:41	01:32:48	02:03:24	02:18:29	02:39:16	03:13:37	03:29:50	03:49:05
28	20 Friedinger Madln								28	03:49:35
Rundenzeiten	00:18:31	00:32:15	00:17:29	00:17:51	00:32:09	00:16:31	00:27:04	00:28:44	00:17:18	00:21:40
Zwischenzeiten	00:18:31	00:50:46	01:08:16	01:26:07	01:58:17	02:14:48	02:41:52	03:10:36	03:27:55	03:49:35
29	9 Running Gag								29	03:51:54
Rundenzeiten	00:18:55	00:35:29	00:16:21	00:21:09	00:33:40	00:15:32	00:19:53	00:31:54	00:14:55	00:24:03
Zwischenzeiten	00:18:55	00:54:25	01:10:46	01:31:55	02:05:35	02:21:08	02:41:01	03:12:56	03:27:51	03:51:54
30	25 Maisinger Rennschnecken								30	03:53:53
Rundenzeiten	00:20:16	00:33:26	00:14:45	00:21:56	00:31:31	00:15:39	00:22:22	00:33:27	00:18:04	00:22:22
Zwischenzeiten	00:20:16	00:53:43	01:08:28	01:30:25	02:01:56	02:17:35	02:39:58	03:13:25	03:31:30	03:53:53
31	6 SC Wörthsee II								31	03:54:06
Rundenzeiten	00:20:18	00:38:00	00:15:43	00:20:21	00:34:18	00:16:15	00:19:21	00:33:53	00:16:44	00:19:08
Zwischenzeiten	00:20:18	00:58:19	01:14:03	01:34:24	02:08:43	02:24:58	02:44:20	03:18:13	03:34:57	03:54:06
32	24 DAV München Gruppe Gilching								32	03:56:32
Rundenzeiten	00:19:09	00:35:43	00:17:18	00:18:00	00:34:02	00:21:13	00:20:25	00:29:15	00:15:22	00:26:01
Zwischenzeiten	00:19:09	00:54:52	01:12:11	01:30:12	02:04:14	02:25:27	02:45:53	03:15:09	03:30:31	03:56:32
33	17 Landratsamt Starnberg								33	03:58:50
Rundenzeiten	00:23:32	00:30:57	00:19:44	00:20:33	00:32:20	00:17:40	00:22:14	00:30:07	00:18:32	00:23:08
Zwischenzeiten	00:23:32	00:54:30	01:14:14	01:34:47	02:07:07	02:24:48	02:47:02	03:17:09	03:35:41	03:58:50
34	37 SC Tutzing Rennschnecke hott								34	03:58:57
Rundenzeiten	00:19:23	00:36:50	00:14:08	00:20:06	00:32:01	00:14:46	00:23:29	00:39:12	00:18:20	00:20:36
Zwischenzeiten	00:19:23	00:56:14	01:10:22	01:30:29	02:02:30	02:17:17	02:40:47	03:20:00	03:38:20	03:58:57
35	18 LG Grundler-Hof								35	03:59:13
Rundenzeiten	00:23:44	00:31:41	00:14:56	00:20:13	00:32:27	00:17:45	00:20:48	00:34:37	00:21:17	00:21:38
Zwischenzeiten	00:23:44	00:55:26	01:10:23	01:30:37	02:03:05	02:20:50	02:41:38	03:16:16	03:37:34	03:59:13
36	39 SV Wangen								36	03:59:51
Rundenzeiten	00:21:23	00:32:15	00:50:08	00:17:07	00:16:32	00:14:39	00:20:21	00:33:19	00:14:28	00:19:34
Zwischenzeiten	00:21:23	00:53:39	01:43:47	02:00:55	02:17:28	02:32:08	02:52:29	03:25:48	03:40:17	03:59:51
37	42 Last Minute								37	04:03:11
Rundenzeiten	00:17:23	00:33:16	00:16:50	00:20:18	00:36:47	00:19:11	00:22:10	00:36:02	00:18:18	00:22:52
Zwischenzeiten	00:17:23	00:50:40	01:07:31	01:27:49	02:04:36	02:23:47	02:45:58	03:22:01	03:40:19	04:03:11
38	7 TSV Starnberg								38	04:03:16
Rundenzeiten	00:19:03	00:32:55	00:17:57	00:21:58	00:33:00	00:19:32	00:24:52	00:34:58	00:16:50	00:22:07
Zwischenzeiten	00:19:03	00:51:58	01:09:56	01:31:54	02:04:54	02:24:27	02:49:20	03:24:18	03:41:08	04:03:16